

School Health Advisory Committee (SHAC) Meeting Minutes
January 30, 2025, 6:00pm – 7:00pm
Online via Google Meet

In attendance: Donald Johndrow, Gina Carmichael, Dr. Suzy Lofton-Bullis, Amy Sexton, Courtney Stockard, Stacy Smith, Laura Rutledge, Tara Fox, Karie Rowland, Jennifer Porter, Dr. Charles Cox, and Julie Wesselman.

- I. Health Related Legislative Update – Suzy provided an update on current bills filed with the Texas Legislature related to student health. Bills mentioned related to the following topics:
 - a. Self-Administration of Anti-Seizure Medication
 - b. Standing Orders for Epinephrin Auto-Injectors in Public Schools
 - c. Food Additives in School Lunches
 - d. Immunizations for Secondary School Students
 - e. Requirements for Parent Notifications
 - f. Opioid Overdose & Additional Training and Policies
 - g. Gender Affirming Care and Requirement for Reporting Child Abuse and Neglect
 - h. Create a School Health Fund
 - i. School Safety

Stacy discussed the availability of grants related to mental health and inquired on whether our school district has access. Our district has Title 4 Safe and Healthy School grant, primarily used for bullying prevention (\$13K per year for the district) We can expect additional funding to come for special education and school safety, which provides allowances to address mental health concerns as a district. Interviews are about to begin for a licensed clinical social worker for the district with a plan to eventually have two; one onboarded by this spring with the second for the 2025 – 2026 school year. Additionally, interviews for an athletic trainer were held this past week.

Don discussed the 2030 projected population growth plan for Lago Vista. Suzy discussed the 10-year projection has Lago Vista at 3000 students. Don is working with Gina on vision testing for students (under 6 years). House Bill 3157 passed in 2017 dictated schools be permitted to use electronic testing. Currently testing six different factors contributing to Amblyopia and would like to see this testing allowed for all ages. Suzy suggested the Lions Club reach out to State Representatives for assistance. Suzy will keep SHAC updated on what's occurred at our next meeting. Suzy also provided a link to a resource for tracking bills for those interested: <http://fastdemocracy.com/my-tracked-bills>

- II. TCHATT (Texas Child Health Access Through Telemedicine) – Suzy discussed LVISD had an introductory meeting with TCHATT and our status has been moved to “Planned”, which means we are planning to join as a district. TCHATT is a free resource through the state and Dell Medical Center and is currently partnered with 105 school districts. TCHATT provides access to students and families for mental health services through telemedicine and is intended to be used as a rapid response for students experiencing psychological distress. The program provides short term counseling services with access to referrals for longer term care and short-term medication management related to behavioral health. The district’s goal will be to have the program managed by the school social worker. Other services available for districts participating through TCHATT: YAM – Youth Aware of Mental Health (curriculum for 8th – 12th grade) intended to help students explore topics related to mental health how to ask for assistance. Discussion ensued around social emotional learning. Suzy and Amy shared what the district is doing around this topic at the elementary campus (Vikings Success class) and the opportunity for more support by either group or individual meetings. Amy also teaches guidance classes to all classrooms. Suzy provided the following link as an additional resource on the topic of social emotional learning (SEL) <https://casel.org/fundamentals-of-sel/> Self-awareness and self-management were identified in an assessment by the district as the greatest area of need for services. Additionally, mental health was at the top of the list on the safety feedback survey that was sent to parents, students and staff last year and the district is committed to continued focus in these areas.
- III. Open Discussion – Dr. Cox – intranasal epi 2mg dose, comes with two applicators and are approximately \$200 for one kit. Same adverse reactions as injectable.
- IV. Adjourn – 7:07pm

Respectfully submitted,

Julie Wesselman, Secretary
School Health Advisory Committee